

*PRESENTER - ANDREW SEUBERT, LMHC, NCC*



Andrew is a nationally certified counselor, licensed mental health counselor and an EMDRIA-approved consultant and trainer with extensive background in an Existential-Gestalt approach to growth and therapy. Always drawn to forms of therapy that address the

entire person—mind, body, emotions, creativity and spirit, Andrew has developed an extremely holistic approach in his work with individuals, couples, families and groups.

Formerly an educator, musician and Peace Corps Volunteer, Andrew has consulted with Corning Inc, small businesses and human service agencies, providing stress management and conflict resolution training, as well as workshops and coaching that facilitate personal growth and performance enhancement. He has published peer-reviewed articles and book chapters, as well as two books, *"The Courage to Feel"*, and *"How Simon Left His Shell: The Courage to Feel for Young People."* Andrew is a highly engaging, interactive therapist and retreat/workshop facilitator whose passion about his work is expressed in his use of music, creative imagination, experiential approaches and humor.

In addition to working with a broad spectrum of therapeutic issues, Andrew has a strong interest in healing from trauma and PTSD, particularly through the use of EMDR. This interest also informs his approach in working with eating disorders and helping couples create and renew their relationship. His passion for an integration of psychotherapy and spirituality is a driving force, whether in individual sessions, workshops or intensive Personal Therapeutic Retreats.

*Presented by*



(607)-703-0510

[www.ClearPathTrainingCenter.com](http://www.ClearPathTrainingCenter.com)

#### *Cancellation Policy*

This policy applies to Workshops, Retreats, Seminars Teleconferences and Trainings offered by ClearPath Healing Arts Center. If ClearPath Healing Arts Center cancels a course, participants will be offered a full refund, or may choose to apply their registration fee to another scheduled course. If the participant cancels at least 30 days\* before the first course meeting, ClearPath Healing Arts Center will provide a full refund less a \$20 processing fee\*. If the participant cancels less than 30 days\* before the first course meeting, ClearPath Healing Arts Center will provide a full refund less a \$20 processing fee, as long as the participant's slot in the course is filled. There will be 50% refund of the registration fee if the slot is not filled less a \$20 processing fee. Substitutions may be made (i.e., the participant may send another otherwise eligible participant in his/her place) for a \$20 processing fee. No refund if the participant no-shows or cancels/withdraws on or after the day of the first course meeting. If a participant cancels due to medical emergencies or other special circumstances a written explanation of these circumstances in writing (e-mail is ok) requesting special consideration ClearPath Healing Arts Center may, at its sole discretion, offer special arrangements.

# EMDR TRAINING

## THE COMPLETE COURSE

*FOR PSYCHOLOGISTS, PSYCHOANALYSTS, PSYCHIATRISTS SOCIAL WORKERS, MFTs, COUNSELORS, SUBSTANCE ABUSE COUNSELORS*

*INTERMEDIATE LEVEL*

**ANDREW SEUBERT LMHC, NCC**

**TRAINER**

**At THE JEWISH EFT INSTITUTE**

**ENROLLMENT IS LIMITED TO**

**10 PARTICIPANTS**

**May 6-7th,**

**June 10-11th,**

**July 16-17th,**

**August 28th, 2020**

**9:00am - 5:00pm**

## EMDR BASIC TRAINING

Eye movement desensitization and reprocessing (EMDR) is an effective and efficient method of treating traumatic memories and related problems. This program has no "parts" or "levels" - this is the complete EMDR training as defined by the EMDR International Association (EMDRIA). This is a **hands-on clinical skills training** for using EMDR and integrating it with your psychotherapy approach. This program is designed to help participants learn when and how to use EMDR, and to gain competency with EMDR over a period of several months.

The training program involves lecture, demonstration, in-class practice, and on-the-job practice with your clients. This is an experiential training, including practice with other participants.

### COURSE OBJECTIVES:

#### Day 1

1. name four phases of a trauma-informed approach.
2. describe an expanded definition of "trauma".
3. practice delivery of a case formulation.

#### Day 2

1. describe the difference between EMD and EMDR
2. name the three parts of the preparation phase.
3. practice resource development.

#### Day 3

1. summarize caution in treating clients with medical issues.
2. name the eight phases of the EMDR protocol.
3. state the three levels of the EMDR processing continuum.

#### Day 4

1. describe closure of an incomplete trauma processing session.
2. name the major addition to the EMDR protocol with recent events.
3. practice EMDR as therapist and client.

#### Day 5

1. describe the EMDR three-pronged approach.
2. summarize the EMDR trauma-informed approach to anxiety and panic.
3. explain the purpose of the cognitive interweave.

#### Day 6

1. describe Joan Lovett's story telling technique with children.
2. describe the difference between Popky's and Miller's approaches to addiction.
3. explain the RUG-C acronym when working with ego states.

### AGENDA:

Days 1-6:

9:00-10:30	Didactic/videos
10:30-10:45	Break
10:45-12:45	Practice
12:45-1:45	Lunch
1:45 - 3:15	Didactic videos/ demonstrations
3:15- 3:30	Break
3:30 - 5:00	Practice/closure

Day 7: Group Consultation Day

9:00 - 12:00	Video consultations
1:00 - 4:00	Video consultations

For more information, visit:

<http://www.clearpathtrainingcenter.com/emdr-training-lakewood-nj.html>

### PROGRAM FEATURES:

- Approved by the EMDR International Association (EMDRIA).
- 49 contact hours over several months to support mastery.
- Starts with a 2-day focus on trauma treatment approach and interventions.
- Small group size (max of 10).
- Text book and other materials included.
- Follow-up group consultation sessions included (10 hours)
- Competitive cost.
- Can proceed to Full EMDR certification with Andrew.

## **Registration - EMDR Basic Training -Lakewood, NJ 2020**

Name: \_\_\_\_\_

License Title (EG: LPC, Psy.D etc) \_\_\_\_\_

License Number: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone (most reachable) \_\_\_\_\_

E-mail: \_\_\_\_\_

**Online registration and payment, Links to Details (directions, hotels, etc.) and our Cancellation Policy can be found on our website at**

**[www.clearpathtrainingcenter.com/Events](http://www.clearpathtrainingcenter.com/Events)**

Register online or Mail completed registration form, with payment, to

ClearPath Healing Arts Center  
3835 North Falls Road  
Burdett, NY 14818

Contact the office at (607) 703-0510 or [info@clearpathhealingarts.com](mailto:info@clearpathhealingarts.com)

**WHO MAY ATTEND:** EMDR training is open to mental health professionals licensed (or certified or registered) by their state for independent practice. The training is also open to advance graduate students, interns, and other mental health professionals on a licensure track, **who must provide an explanation of their status and a letter of support, for participation, from their supervisor.**

The training facility complies with the Americans with Disabilities Act. For special needs, contact the ClearPath office at: 607-703-0510

*Workshop Fees:*

***\$1,595 for Private Practitioners***

***\$1,435 for employees of Non-Profit Organizations with proof of employment.***

*Full payment due by first day of training*

***Amount Enclosed: \$ \_\_\_\_\_***

*Make checks payable to ClearPath Healing Arts*

***Continuing Education Credit***

*R. Cassidy Seminars, the workshop co-sponsor, offers up to 49 hours of continuing education credits.*

*Certificates are available following course completion at [www.ceuregistration.com](http://www.ceuregistration.com).*

*For questions or concerns, or to ask about our Payment Plan, contact:*

*[Info@clearpathhealingarts.com](mailto:Info@clearpathhealingarts.com)*

*607-703-0510*

***Disclosure Statement:***

*There is no conflict of interest or commercial support for this program.*

To view an EMDRIA explanation of EMDR, visit the website at [EMDRIA.org](http://EMDRIA.org)